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Date: 7/9/04 8:54AM
Subject: Revised Mandatory Guidelines FR DOCKET 04-7984

Greetings:

I am writing to comment on the above cited subject. I suffer from paruresis. This means I cannot pee on demand if the situation is stressful for me. This (believe me) is not a choice... I am physically unable to do so under stressful circumstances, even when I have an urgent need to go.

I have never been drug tested, but if such an occasion ever does come to pass (no pun intended), I will need alternative means to provide a testable sample. Please realize that the inability to pee IS NOT THE SAME AS a refusal to pee. For this reason, your regulations need to make a MANDATORY provision for the use of oral fluid, hair, or sweat tests for anyone who requests them, and especially for those who suffer from paruresis. In the end, your practical goal is to test for drug use. What does it matter how such a practical goal is achieved? Please do not put people who suffer a legitimate anxiety disorder at risk of losing their jobs (or job opportunities) because they have a problem peeing on demand.

Paruresis sucks. If you have never experienced this, imagine that you really have to pee, and you simply cannot, even if your bladder is so full it is painful! This is not a hypothetical! I have personally experienced this! Please don't make a bad thing worse! Thanks!

Ken